



# Agenda

**1**

Media literacy

**2**

Affect, emotion and media

**3**

Conditions and framing for affective learning

**4**

Contemplative practices



# 01.

## Media Literacy

What is it?

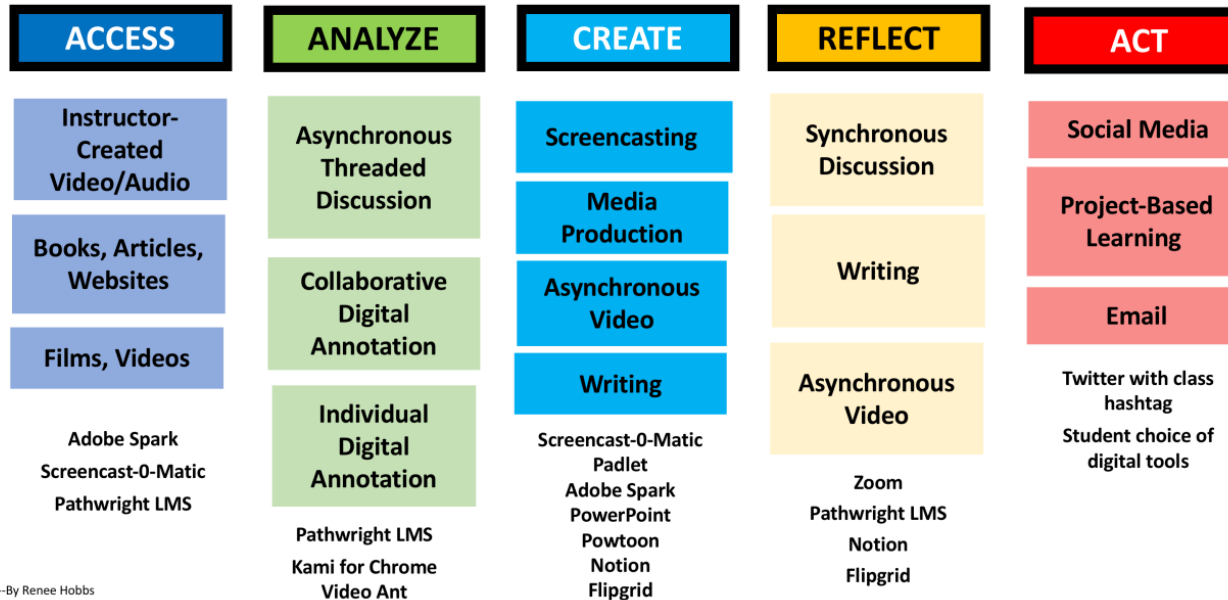


### Essential Competencies of Digital and Media Literacy

1. **ACCESS** Finding and using media and technology tools skillfully and sharing appropriate and relevant information with others
2. **ANALYZE & EVALUATE** Comprehending messages and using critical thinking to analyze message quality, veracity, credibility, and point of view, while considering potential effects or consequences of messages
3. **CREATE** Composing or generating content using creativity and confidence in self-expression, with awareness of purpose, audience, and composition techniques
4. **REFLECT** Applying social responsibility and ethical principles to one's own identity and lived experience, communication behavior and conduct
5. **ACT** Working individually and collaboratively to share knowledge and solve problems in the family, the workplace and the community, and participating as a member of a community at local, regional, national and international levels



# MEDIA LITERACY & ONLINE LEARNING



--By Renee Hobbs



<b>Play</b>	The capacity to experiment with the surroundings as a form of problem solving.
<b>Performance</b>	The ability to adopt alternative identities for the purpose of improvisation and discovery.
<b>Simulation</b>	The ability to interpret and construct dynamic models of real-world processes.
<b>Appropriation</b>	The ability to meaningfully sample and remix media content.
<b>Multitasking</b>	The ability to scan the environment and shift focus on salient details.
<b>Distributed cognition</b>	The ability to interact meaningfully with tools that expand mental capacities.



**Collective Intelligence**

The ability to pool knowledge and compare notes with others for one common goal.

**Judgement**

The ability to evaluate the reliability and credibility of different information sources.

**Transmedia navigation**

The ability to follow the flows of stories and information across multiple modalities.

**Networking**

The ability to search for, synthesize, and disseminate information.

**Negotiation**

The ability to travel across diverse communities, discerning and respecting multiple perspectives, and grasping and following alternative norms.





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**“Media are powerful tools that can liberate or dominate, manipulate or enlighten, and it is imperative that educators teach their students how to critically analyze and use these media”**

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## READER IDEA

# Promoting Literacy With Journalism

## Education and

Education is not preparing students for a fast-changing world.

I fell for Facebook fake news. Here's why millions of other pages.)It's also an issue of new media literacy. Facebook



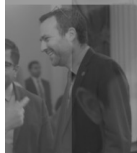
OP-ED MAY 8, 2017

**Google and Facebook aren't fighting the right weapons**

By Matthew A. Baum and David Lazer

We know a lot about fake news. It's an old problem. Academics and how to combat it — for decades. In 1925, Harper's Magazine and the Public," calling its spread via new communication an "unprecedented danger." That danger has only...

# QUICK FIX SOLUTION?



ESSENTIAL POLITICS JANUARY 11, 2017

**Fake News 101? Lawmakers want to teach students how to evaluate the web**

By Melanie Mason

THE LEARNING NETWORK

Media Literacy Student Challenge | Explore Your Relationship With News

**A Pulitzer Prize-winning professor and news and disinformation**

University of Maryland Officials Need a Course in

Valerie Strauss · Oct 16, 2018

**Twitter raises the curtain on disinformation. Tech companies should take a tip.**

citizens lack the literacy skills to spot fake news, as they see it, and if they do, the media does not guard against it.

Editorial Board · Editor

**Why California's new media literacy law for schools could backfire**

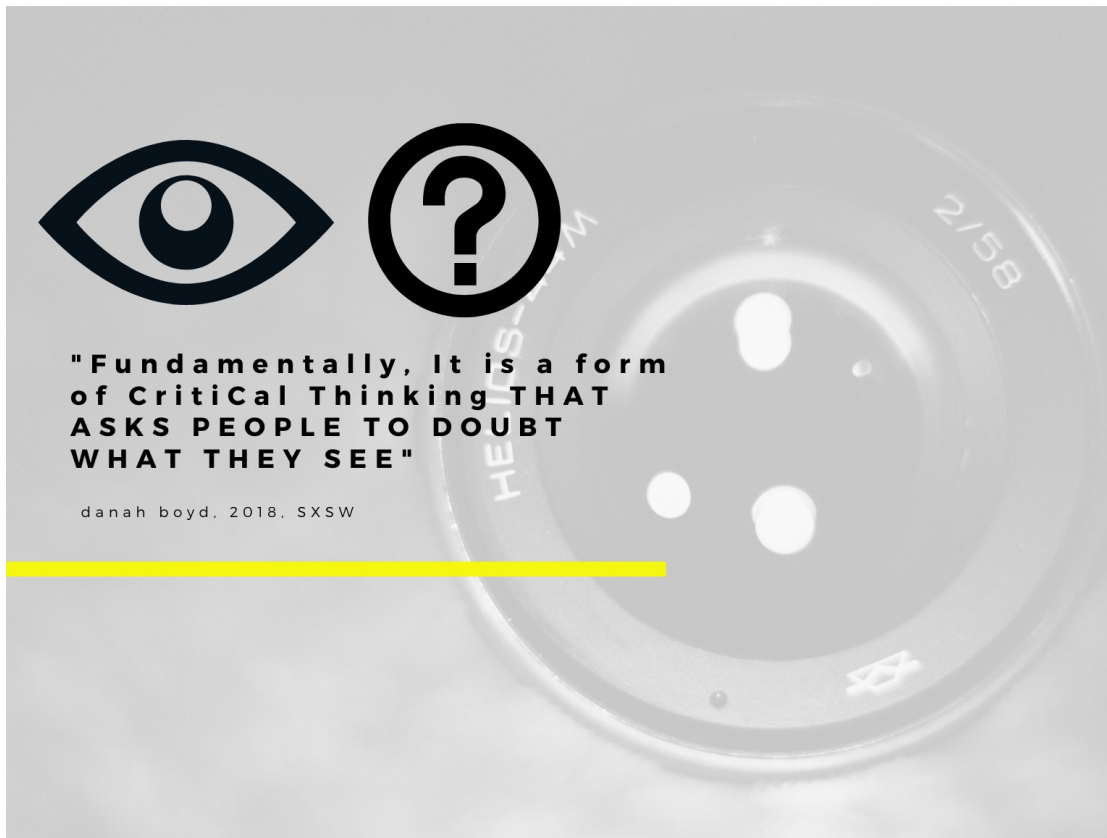
Parents should help their kids be media savvy - The Boston Globe  
<https://www.bostonglobe.com/lifestyle/style/2017/11/21/.../story.html>  
 Nov 21, 2017 ... Q. I need some advice to guide our children in this electronic





**"Fundamentally, It is a form  
of Critical Thinking THAT  
ASKS PEOPLE TO DOUBT  
WHAT THEY SEE"**

danah boyd, 2018, SXSW

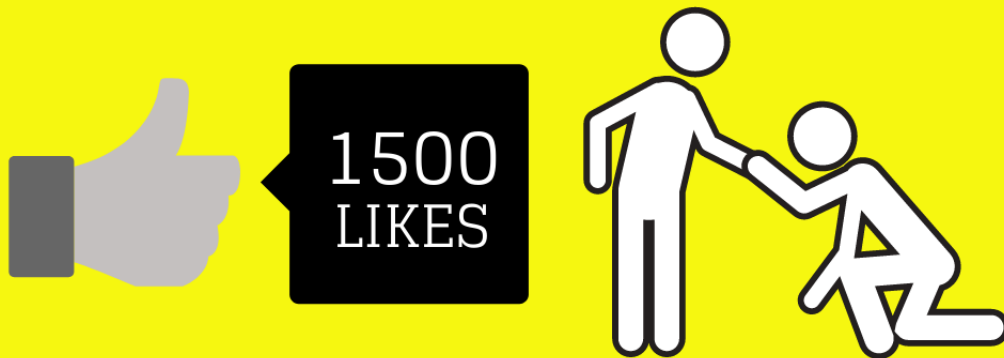


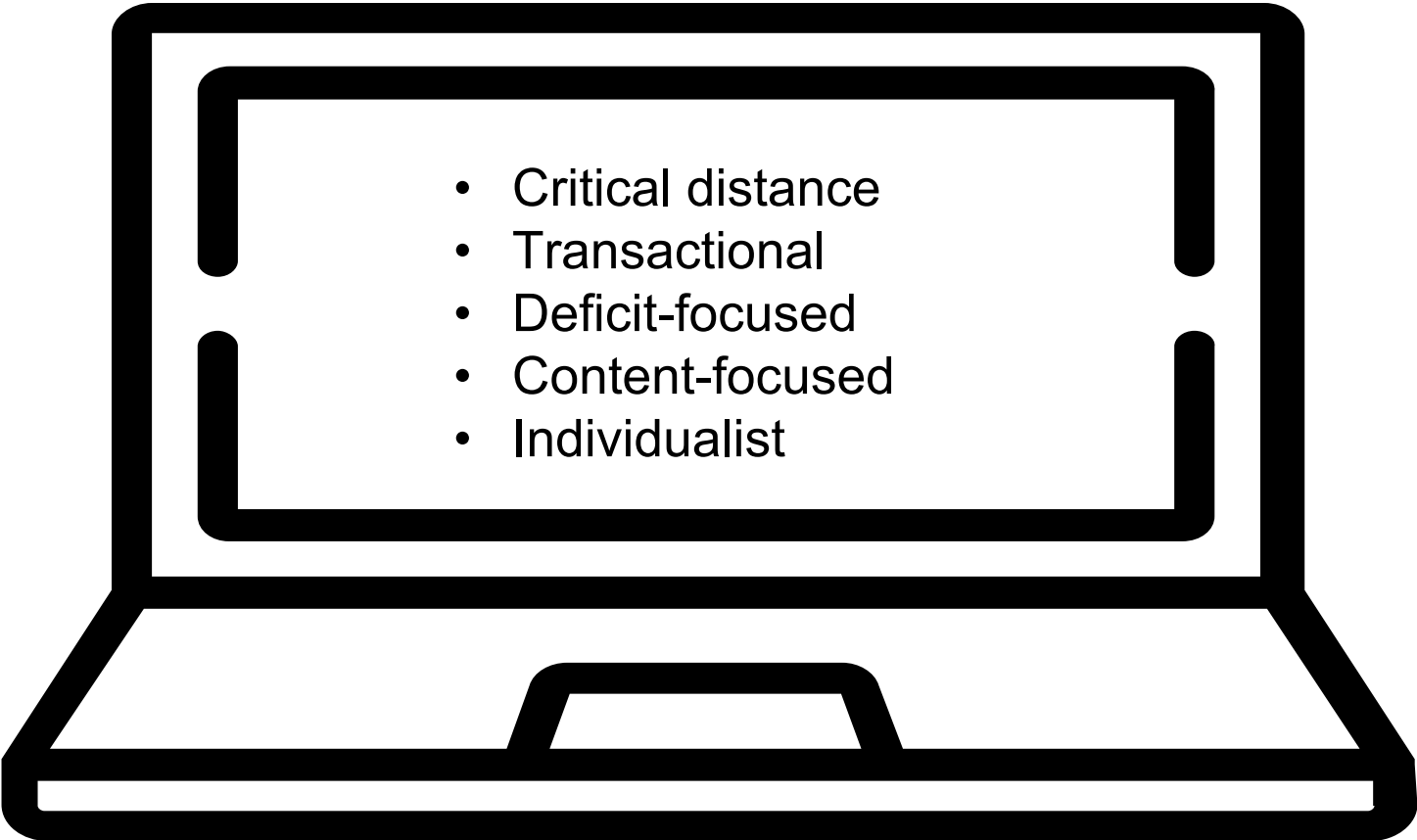


# Agency Gap

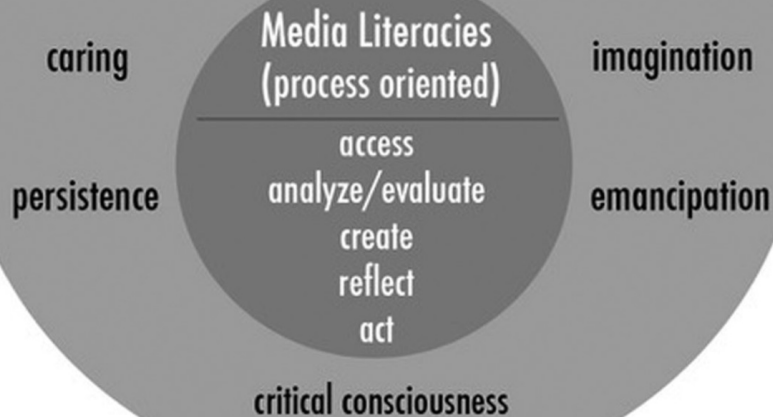
[ "gap between concern and capacity to act" ]

Boyte (2015), Mihailidis (2019)



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- Critical distance
  - Transactional
  - Deficit-focused
  - Content-focused
  - Individualist

# Civic Media Literacies (values oriented)







1. Is there anything in the film that resonated with you? Did anything surprise you? What did you have a strong reaction to?
2. How did you feel while watching it? How did you relate to it (or not)? How did it move you (or not)? Did you have a physical reaction, if so what was it?
3. What messages did you take away from this film or what themes did you uncover using a lens of care when analyzing or deconstructing the film? How do the values in this film connect (or not) with your own values?





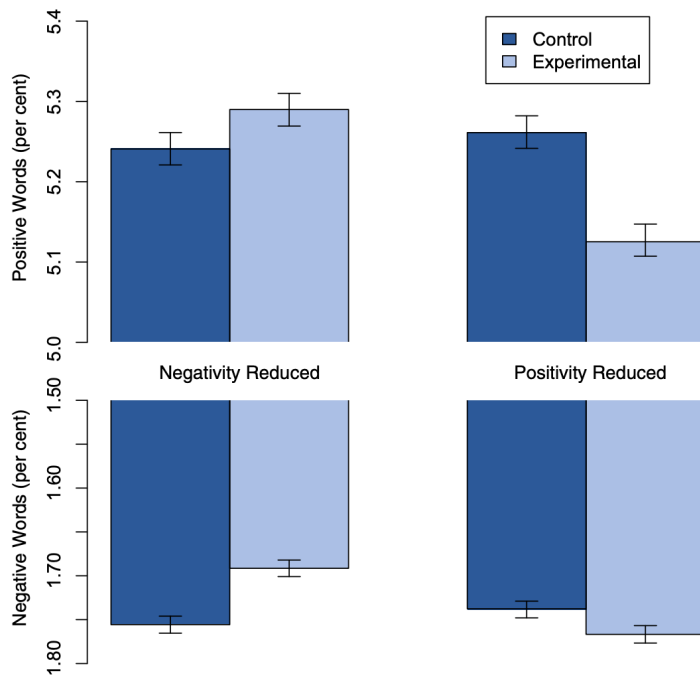
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“If emotions are personal experiences, then affects are the forces (perhaps the flows of energy) that precede, produce, and inform such experiences. Affect is pre-personal and pre-subjective; it is social, or even ontological, before it is strictly individual. Affect isn’t what I feel, so much as it is what forces me to feel.”

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**Fig. 1.** Mean number of positive (*Upper*) and negative (*Lower*) emotion words (percent) generated people, by condition. Bars represent standard errors.

**Hair Love**

38 Tweets

**Follow****The Black Firebender** 🌟 @TheeAvatar · Aug 19, 2019

...

I finally saw "Hair Love" last night and I'll admit it.. I cried 😭 it was so beautiful! Please if you have the means, go watch Angry Birds 2 to see that cute short film. It's absolutely worth it. [#HairLove](#)



2



3



24



Hair Love Retweeted

**Ibram X. Kendi** ✓ @Drlbram · Aug 19, 2019

...

When you're reading a new book + suddenly your daughter points at the page + says, "That's me!" On the next page, she says, "That's you, Daddy!" She looks up at you. She looked up at me. She saw me overwhelmed w/ gratitude as wide as I smiled. TY [@MatthewACherry](#) + [@KokilaBooks](#).





## NEGATIVE

anxiety, depression, loneliness,  
poor sleep, thoughts of self-  
harm and suicide, increased  
psychological distress, cyber  
bullying, body image  
dissatisfaction, fear of missing  
out and decreased life  
satisfaction



## POSITIVE

accessing health experiences and  
expertise, managing depression,  
emotional support and community  
building, expanding and  
strengthening offline networks  
and interactions, self-expression  
and self-identity, and establishing  
and maintaining relationships



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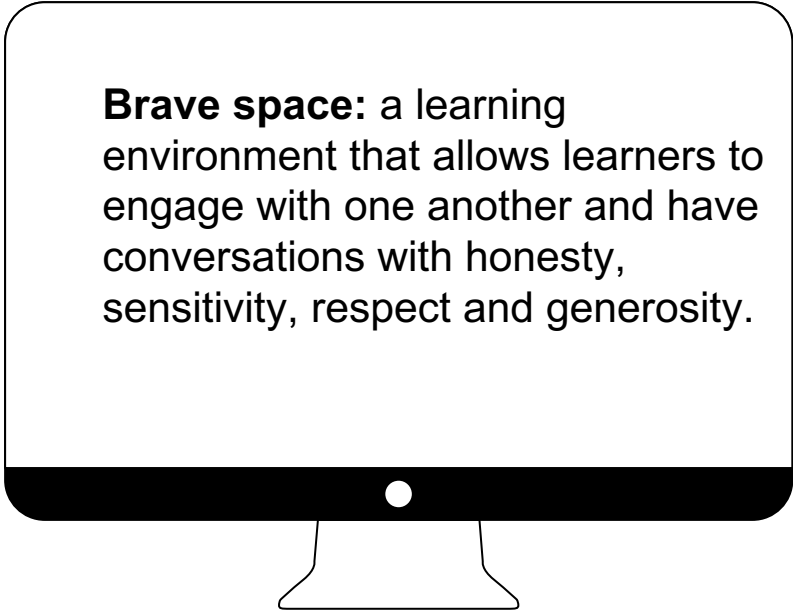
*“Engaged pedagogy begins with the assumption that we learn best when there is an interactive relationship between student and teacher. As leaders and facilitators, teachers must discover what the students know and what they need to know. This discovery happens only if teachers are willing to engage students beyond a surface level. **As teachers, we can create a climate for optimal learning if we understand the level of emotional awareness and emotional intelligence in the classroom.**”*

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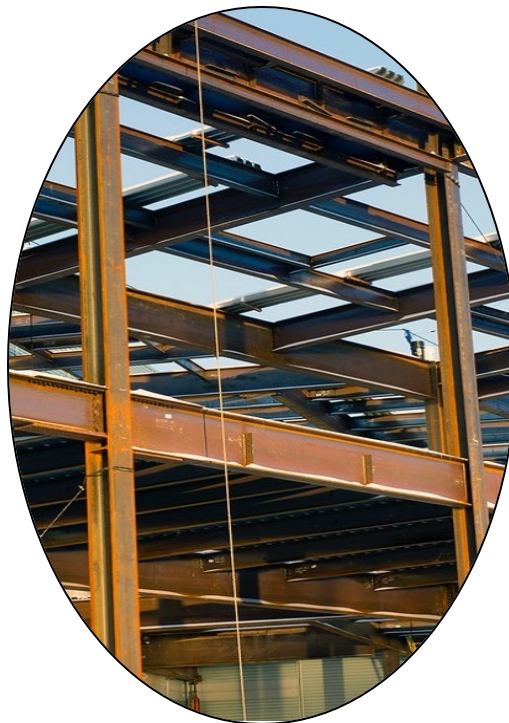
# Brave space

- Making clear that discomfort is part of learning
- Normalizing difficulty
- Distinguishing between people and ideas
- Acknowledging intent and impact

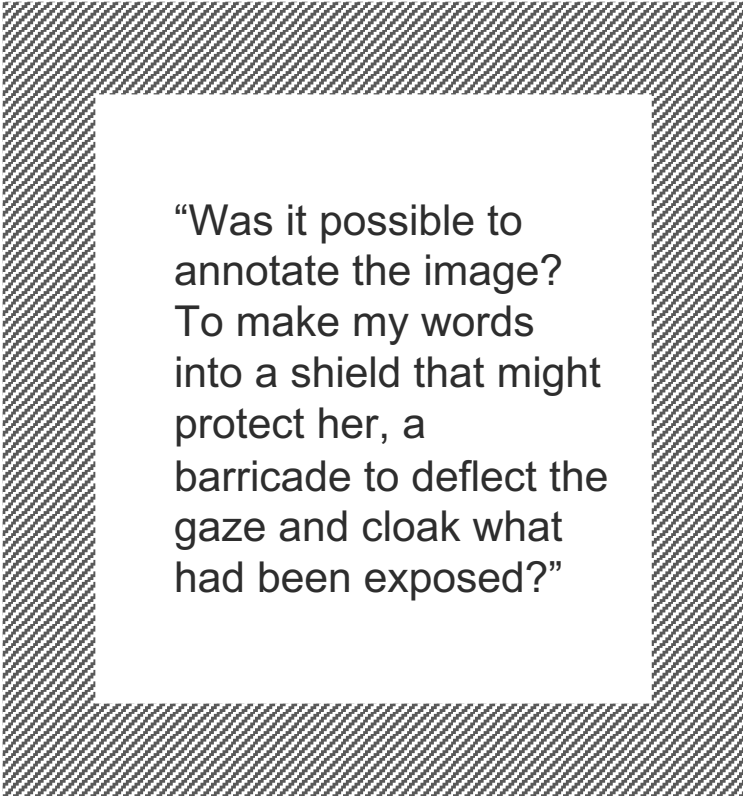


**Brave space:** a learning environment that allows learners to engage with one another and have conversations with honesty, sensitivity, respect and generosity.

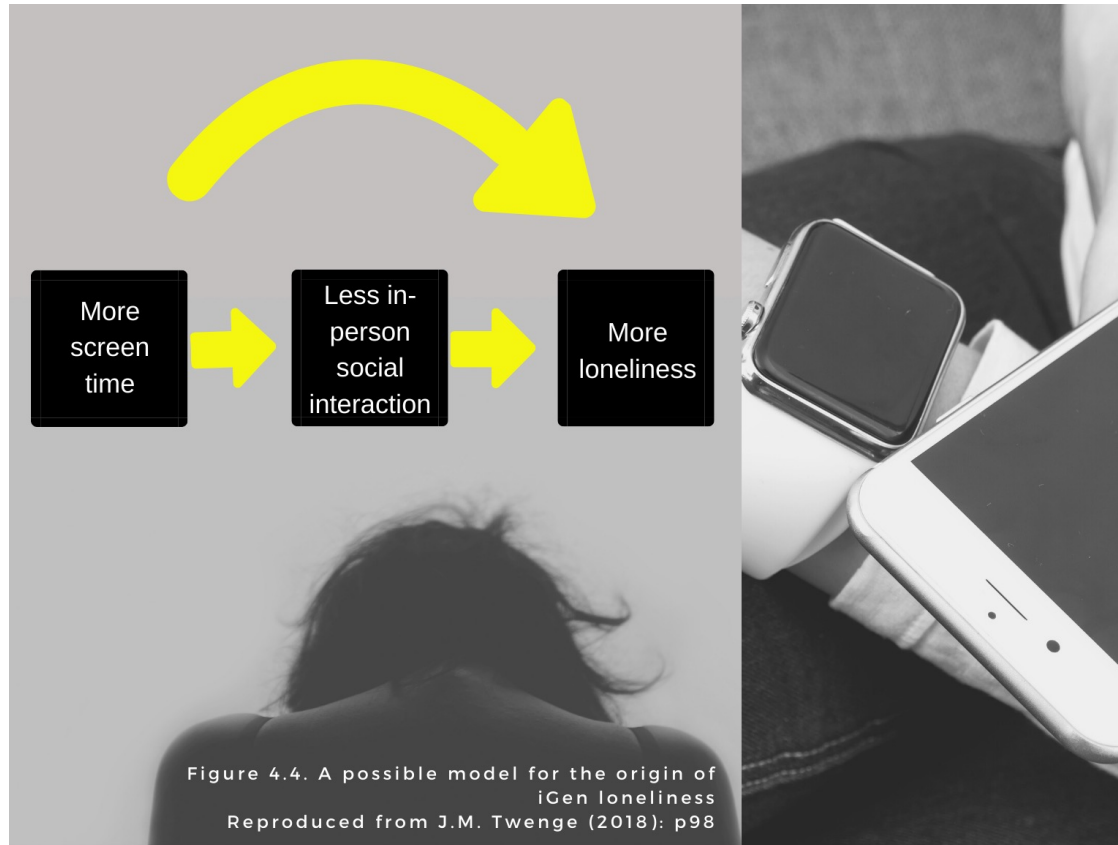
# Framing



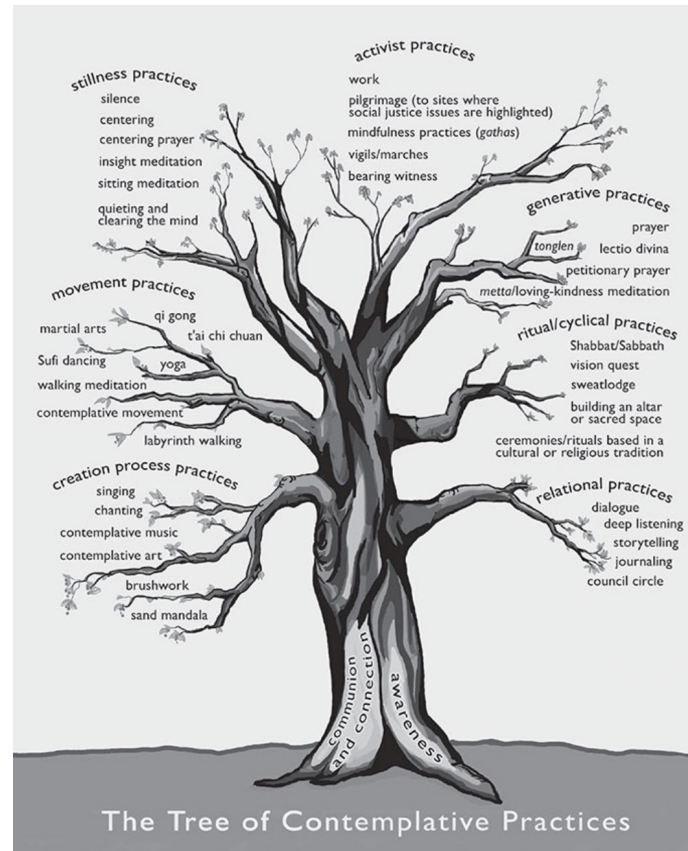
This Photo by Unknown Author is  
licensed under CC BY-NC-ND

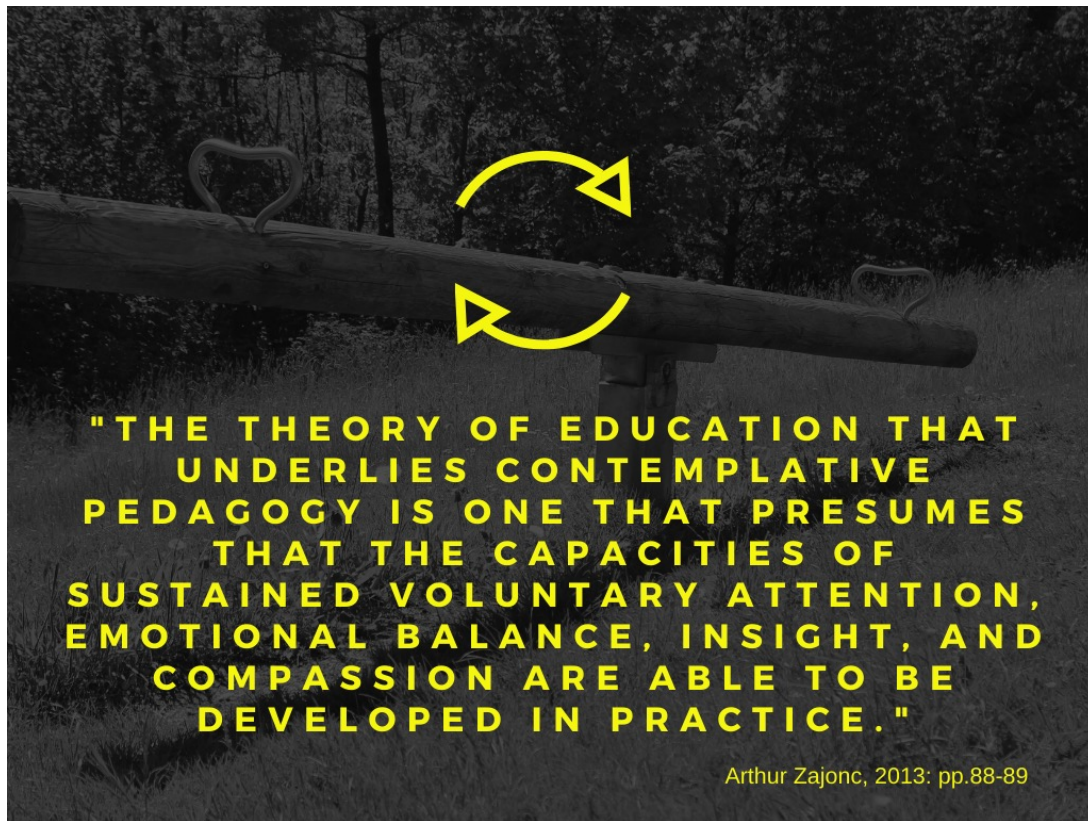


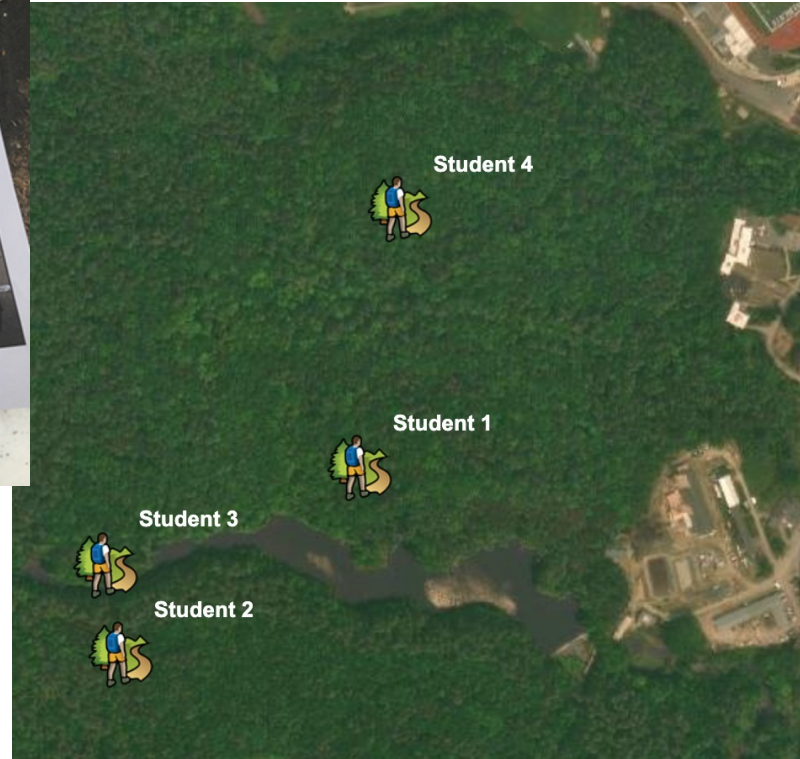
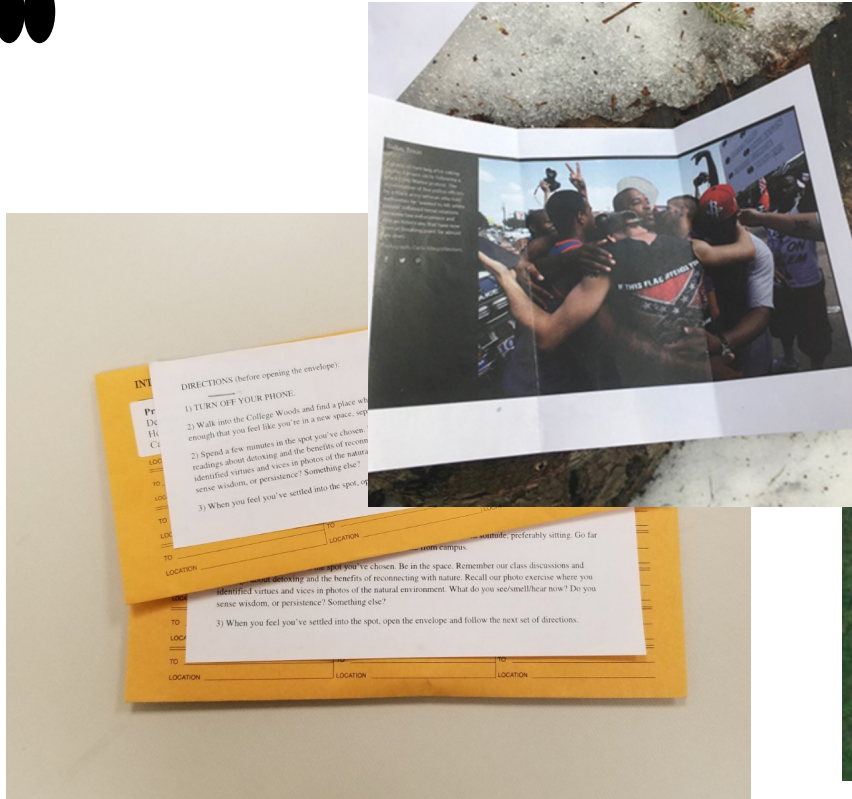
“Was it possible to  
annotate the image?  
To make my words  
into a shield that might  
protect her, a  
barricade to deflect the  
gaze and cloak what  
had been exposed?”













# Self-Observations

## Steps for email or social media observation exercise

- Perform practice
- Observe what you are doing and feeling
  - Pay attention to activity and feeling
    - Log what you are observing
    - Summarize your observations
      - Review your log for patterns
  - Create personal guidelines about how to conduct the practice in healthier ways
    - Share and discuss with others

## Steps for mindful unplugging exercise

- Perform practice (unplug for the period you decided on)
  - Observe what you are doing and feeling
    - Pay attention to impulses and feeling that arise from being unplugged
      - Log what you are observing
      - Summarize observations
        - Review your log for patterns
  - Create personal guidelines about how to conduct the practice in healthier ways
    - Share and discuss with others





Ø1.

Internal

Ø2.

Relational

Ø3.

Institutional

Ø4.

Structural





# THANKS!

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